



Health Requirements and Services: Administration of Non-Prescription Medication
Policy Series: 3000 Students

Policy No. 3416
Procedure 2

Acetaminophen (Tylenol), or Ibuprofen (Advil or Motrin), may be given by the school nurse or other school employees as designated by the principal of the school. There must be parental or guardian permission, written or by telephone, for each time one of the medications is given. A medication log will be used to record the date and time of administration, student name, name of the parent or guardian who was contacted, which medication was given, along with the dosage of that medication, and the initials of the person administering the medication. Only one dose may be administered during the school day. Dosage shall be as follows:

- Acetaminophen (Tylenol)
 - Grades K-6: 325 mg (1 adult tablet equivalent)
 - Grades 7-12: 325-650 mg (1-2 adult tablets per parent direction)
- Ibuprofen (Advil or Motrin)
 - Grades K-6: 200 mg (1 adult tablet equivalent)
 - Grades 7-12: 200-400 mg (1-2 adult tablets per parent direction)

Students in secondary schools (grades 7-12) may carry and self-administer one dose of easily identified non-prescription, over-the-counter medication. Authorization for the ability to carry and/or self-administer medication may be denied or withdrawn by the school at any time following actual notice to the student's parent(s)/legal guardians. Advanced authorization for medication to be taken outside of the school day (i.e., a school-sponsored trip/event) must be obtained. ([For treatment of asthma please refer to 3416 P1.](#))

Legal References:

[UCHD Memo Dated 8-1-2016](#)

[Guidelines for administration of student medication \(2024\)](#)

Adopted:

Draft