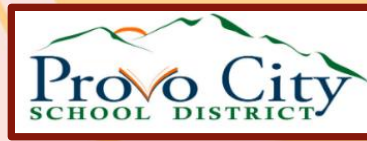


JUNE 2024



SUMMER

Monday

Dutch Waffle

3

PIZZA SLICE
OR MUFFIN MEAL

fruit & veggie options, & milk

French Toast Sticks

10

CHICKEN & WAFFLES
OR MUFFIN MEAL

fruit & veggie options, & milk

Pancakes

17

MAC & CHEESE
OR MUFFIN MEAL

breadstick, fruit & veggie options, & milk

Dutch Waffle

24

PIZZA SLICE
OR MUFFIN MEAL

fruit & veggie options, & milk

Tuesday

Breakfast Bowl

4

PULLED PORK SANDWICH

OR COLD SANDWICH
fruit & veggie options, & milk

Orange Creamsicle Smoothie

11

BEEF TACOS w/spanish rice

OR COLD SANDWICH
fruit & veggie options, & milk

Eggs, ham, and hashbrown

18

BURRITO BOWL

OR COLD SANDWICH
fruit & veggie options, & milk

Breakfast Bowl

25

PULLED PORK SANDWICH

OR COLD SANDWICH
fruit & veggie options, & milk

Wednesday

Yogurt Parfait

5

CHICKEN NUGGETS
OR MUFFIN MEAL

Dinner roll, fruit & veggie options, & milk
***Fresh baked cookie**

Waffles

12

CHICKEN POTATO BOWL
OR MUFFIN MEAL

Dinner roll, fruit & veggie options, & milk
***Homemade pudding**

JUNETEENTH

NO MEALS

Yogurt Parfait

26

CHICKEN NUGGETS
OR MUFFIN MEAL

fruit & veggie options, & milk
***Slushies**

Thursday

Breakfast Sandwich

6

HOT DOG

OR COLD SANDWICH
fruit & veggie options, & milk

Pancake on a stick

13

CHEESEBURGER

OR COLD SANDWICH
fruit & veggie options, & milk

Chocolate Cherry Breakfast Bars

20

CHICKEN PATTY SANDWICH

OR MUFFIN MEAL
fruit & veggie options, & milk
***Jello**

Breakfast Sandwich

27

HOT DOG

OR COLD SANDWICH
fruit & veggie options, & milk

Friday

NO MEALS ON FRIDAYS

NO MEALS ON FRIDAYS

NO MEALS ON FRIDAYS

NO MEALS ON FRIDAYS

Provo City School District is proud to offer **FREE BREAKFAST** and **LUNCH** to all **CHILDREN** 18 years of age and younger at the following locations:

FRANKLIN elementary
PROVO PEAKS elementary
SPRING CREEK elementary
SUNSET VIEW elementary
TIMPANOGOS elementary
INDEPENDENCE high school
PROVO high school

Each child is eligible for a **FREE BREAKFAST** and a **FREE LUNCH DAILY** **Monday through Thursday from June 3rd to July 18th**. No service provided on June 19th and July 4th.

Independence High will end July 11th. All children in the community are welcome to attend. See the district website for additional information.

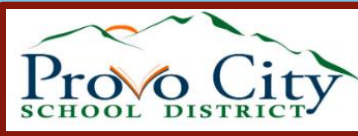
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Provo City School District is an equal opportunity provider.

DID YOU KNOW?

The June Bug is the name for several large beetles seen in the United States during May and June.

July 2024



SUMMER

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks CHICKEN & WAFFLES OR MUFFIN MEAL fruit & veggie options, & milk	2 Orange Creamsicle Smoothie BEEF TACOS w/ Spanish rice OR COLD SANDWICH fruit & veggie options, & milk	3 Waffles CHICKEN POTATO BOWL OR MUFFIN MEAL Dinner roll, fruit & veggie options, & milk <i>*Fresh baked cookie</i>	4 INDEPENDENCE DAY NO MEALS	5 NO MEALS ON FRIDAYS
8 Pancakes MAC & CHEESE OR MUFFIN MEAL breadstick, fruit & veggie options, & milk	9 Eggs, ham, and hashbrown BURRITO BOWL OR COLD SANDWICH fruit & veggie options, & milk	10 Breakfast Pizza ORANGE CHICKEN OR COLD SANDWICH fruit & veggie options, & milk <i>*Homemade pudding</i>	11 Chocolate Cherry Breakfast Bars CHICKEN PATTY SANDWICH OR MUFFIN MEAL fruit & veggie options, & milk	12 NO MEALS ON FRIDAYS
15 Dutch Waffle PIZZA SLICE OR MUFFIN MEAL fruit & veggie options, & milk	16 Breakfast Bowl PULLED PORK SANDWICH OR COLD SANDWICH fruit & veggie options, & milk	17 Yogurt Parfait CHICKEN NUGGETS OR MUFFIN MEAL Dinner roll, fruit & veggie options, & milk <i>*Jello</i>	18 Breakfast Sandwich HOT DOG OR COLD SANDWICH fruit & veggie options, & milk	19 NO MEALS ON FRIDAYS
22	23	24	25	26
29	30	31	Did You Know? July 4th wasn't deemed a federal holiday until 1870, nearly 100 years after the nation was founded.	

SCHOOL BREAKFAST AND LUNCH WILL RESUME AUGUST 13TH

Breakfast: 8-9 AM
Lunch: 11:30AM-12:30PM

When selecting ingredients and creating recipes for our program we look for foods that are lean, low sodium, low sugar, and whole grain rich.

All children must take a half cup of fruit or vegetable with every meal.

Free meals are for children 18 years of age or younger only and **MUST BE CONSUMED ON SITE.** Adults may purchase a breakfast for \$2.00 or lunch for \$4.00.

Food allergy accommodations available upon request. Please contact Debbie Phang: deborahph@provo.edu

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