

# April 2024



# MIDDLE SCHOOL

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

2

3

4

5

**~SPRING BREAK~**

Pancakes

8

**CHICKEN & WAFFLES**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Waffles

15

**BREADED CHICKEN DRUMSTICK**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Soft pretzel and cream cheese

22

**BREAKFAST FOR LUNCH**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Dutch waffle

29

**RIB PATTY SANDWICH**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast bowl

9

**BEEF TACOS**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Yogurt parfait

16

**WHITE CHICKEN CHILI**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Eggs, ham and hashbrown

23

**PORK BURRITO BOWL**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Orange creamsicle smoothie

30

**PULLED PORK NACHOS**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast sandwich

10

**MAC & CHEESE**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast pizza

17

**LASAGNA**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Biscuits and gravy

24

**CHICKEN PARMESAN**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Eggs, Ham and hashbrown

11

**COUNTRY FRIED STEAK**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast burrito

18

**COUNTRY FRIED CHICKEN**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast ham sandwich

25

**TURKEY ROAST**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

French toast sticks

12

**PULLED PORK SANDWICH**  
**OR TERIYAKI CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**  
*Fresh baked cookie*

Pancake on a stick

19

**HOT DOG**  
**OR TERIYAKI CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**  
*Homemade pudding*

Confetti pancakes

26

**SLOPPY JOE SANDWICH**  
**OR TERIYAKI CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**  
*slushies*

**ALL STUDENTS MUST CHOOSE A 1/2 CUP SERVING OF FRUIT OR VEGETABLE WITH EVERY MEAL.**

## MIDDLE SCHOOL MEAL PRICES 23-24

### FULL PAY Meal Prices:

Breakfast: \$1.50  
Lunch: \$2.50  
Adult Breakfast: \$2.00  
Adult Lunch: \$4.00

### REDUCED Meal Prices:

Breakfast: \$0.30  
Lunch: \$0.40

### COULD YOUR STUDENT BE ELIGIBLE FOR FREE OR REDUCED-PRICE MEALS?

Over 40% of the students in our district qualify for free or reduced-price meals.

Applying is free and easy at

[www.myschoolapps.com](http://www.myschoolapps.com).

Meal pay status is determined based on family income.

**A new meal application must be filled out each school year.**

Your child's meal status carries over from the previous school year but only for the first 30 days of school, then students will automatically switch to full pay status if a new application has not been filled out.

It's easy to manage your student's meal account online at

[www.myschoolbucks.com](http://www.myschoolbucks.com).

Your lunch clerk at your school can also accept cash and check payments in person.

*This institution is an equal opportunity provider.*

# May 2024



## MIDDLE SCHOOL

Monday

Tuesday

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Thursday

Friday

**Provo City School District** is proud to offer delicious, healthy scratch entrees and a wide variety of fresh produce options. Our meal program is truly special and unique. Follow us on Facebook at **ItsMealsProvoSchoolDistrict** to see for yourself! And come enjoy a meal with us!

Breakfast sausage sandwich **6**  
**BAKED POTATO BAR**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast bowl **7**  
**TRAVELING TACO**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Pancakes **8**  
**CHICKEN ALFREDO**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Eggs, ham and hashbrown **9**  
**MESQUITE GLAZED CHICKEN**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

French toast sticks **10**  
**HOT HAM & CHEESE**  
**OR TERIYAKI CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**  
**Fresh baked cookie**

Waffles **13**  
**CHICKEN & WAFFLES**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Yogurt parfait **14**  
**BEEF TACOS**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast pizza **15**  
**MAC & CHEESE**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast burrito **16**  
**COUNTRY FRIED STEAK**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Pancake on a stick **17**  
**PULLED PORK SANDWICH**  
**OR TERIYAKI CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**  
**Homemade pudding**

Soft Pretzel and cream cheese **20**  
**BREADED CHICKEN DRUMSTICK**  
**OR SWEET & SOUR CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Orange creamsicle smoothie **21**  
**WHITE CHICKEN CHILI**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Biscuits and gravy **22**  
**LASAGNA**  
**OR ORANGE CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Breakfast ham sandwich **23**  
**COUNTRY FRIED CHICKEN**  
**OR GENERAL TSO'S CHICKEN**  
**OR PIZZA SLICE**  
**OR FAVORITES LINE**

Confetti pancakes **24**  
**SANDWICH SACK LUNCH** w/ *chips, carrot sticks, fruit, string cheese, milk choice*  
**Slushies**

**27**

**28**

**29**

**30**

**31**

~SUMMER BREAK~

### WHAT CAN I EXPECT TO GET WITH MY MEALS?

**During BREAKFAST**, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are also offered each day at breakfast time.

**During LUNCH**, there are multiple lunch lines that operate daily. The MAIN LINE rotates through 5 weeks of delicious entrée options. The ASIAN LINE offers 4 tasty entrees that repeat weekly. The PIZZA LINE allows for students to choose pizza for lunch any day they like and the FAVORITES LINE offers a variety of student "favorites" like cheeseburgers, chicken nuggets, chicken patty sandwiches, spicy chicken sandwiches, corn dogs, and grilled cheese sandwiches. Regardless of which entrée line students select, they must each choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. **All lines offer a variety of fruit and vegetable items daily** and each week students are offered vegetables from all of the following subgroups: Dark green, red/orange, legumes, starchy and other.