

# April 2024



## HIGHSCHOOL

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

2

3

4

5

~SPRING BREAK~

Pancakes

8

**CHICKEN AND WAFFLES**  
OR SWEET & SOUR CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast bowl

9

**BEEF TACOS**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast sandwich

10

**MAC & CHEESE**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Eggs, Ham and hashbrown

11

**COUNTRY-FRIED Steak**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
 \*fresh baked cookie

French toast sticks

12

**TERIYAKI CHICKEN**  
 with RICE  
OR PIZZA SLICE  
OR FAVORITES LINE

Waffles

15

**BREADED CHICKEN DRUMSTICK**  
OR SWEET & SOUR CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Yogurt parfait

16

**WHITE CHICKEN CHILI**  
 with *torilla chips*  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast pizza

17

**LASAGNA**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast burrito

18

**COUNTRY-FRIED CHICKEN**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
 \*Homemade pudding

Pancake on a stick

19

**TERIYAKI CHICKEN**  
 with RICE  
OR PIZZA SLICE  
OR FAVORITES LINE

Soft pretzel and cream cheese

22

**BREAKFAST FOR LUNCH**  
OR SWEET & SOUR CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Eggs, ham and hashbrown

23

**BURRITO BOWL**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Biscuits and gravy

24

**CHICKEN PARMESAN**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast ham sandwich

25

**TURKEY ROAST**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
 \*Slushies

Confetti pancakes

26

**TERIYAKI CHICKEN**  
 with RICE  
OR PIZZA SLICE  
OR FAVORITES LINE

Dutch waffle

29

**RIB PATTY SANDWICH**  
OR SWEET & SOUR CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Orange creamsicle smoothie

30

**NACHOS**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

ALL STUDENTS MUST CHOOSE A 1/2 CUP SERVING OF FRUIT OR VEGETABLE WITH EVERY MEAL.

### HIGH SCHOOL MEAL PRICES 23-24

#### FULL PAY Meal Prices:

Breakfast: \$1.50  
 Lunch: \$2.50  
 Adult Breakfast: \$2.00  
 Adult Lunch: \$4.00

#### REDUCED Meal Prices:

Breakfast: \$0.30  
 Lunch: \$0.40

#### COULD YOUR STUDENT BE ELIGIBLE FOR FREE OR REDUCED-PRICE MEALS?

Over 40% of the students in our district qualify for free or reduced-price meals.

Applying is free and easy at [www.myschoolapps.com](http://www.myschoolapps.com). Meal pay status is determined based on family income.

A new meal application must be filled out each school year. Your child's meal status carries over from the previous school year but only for the first 30 days of school, then students will automatically switch to full pay status if a new application has not been filled out.

It's easy to manage your student's meal account online at [www.myschoolbucks.com](http://www.myschoolbucks.com). Your lunch clerk at your school can also accept cash and check payments in person.

This institution is an equal opportunity provider.

# May 2024



## HIGHSCHOOL

Monday

Tuesday

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Thursday

Friday

Provo City School District is proud to offer delicious, healthy scratch entrees and a wide variety of fresh produce options. Our meal program is truly special and unique. Follow us on Facebook at [ItsMealsProvoSchoolDistrict](#) to see for yourself! And come enjoy a meal with us!

Breakfast sausage sandwich **6**  
**HOT DOG** with chips  
OR SWEET & SOUR CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast bowl **7**  
**TACO SALAD**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Pancakes **8**  
**BAKED ZITI**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Eggs, ham and hashbrown **9**  
**PULLED PORK PLATE**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
\*Fresh baked cookie

French toast sticks **10**  
**TERIYAKI CHICKEN** with RICE  
OR PIZZA SLICE  
OR FAVORITES LINE

Waffles **13**  
**BAKED POTATO BAR**  
OR SWEET & SOUR CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Yogurt parfait **14**  
**TRAVELING TACO**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast pizza **15**  
**CHICKEN ALFREDO**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast burrito **16**  
**MESQUITE GLAZED CHICKEN**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
\*Homemade pudding

Pancake on a stick **17**  
**TERIYAKI CHICKEN** with RICE  
OR PIZZA SLICE  
OR FAVORITES LINE

Soft Pretzel and cream cheese **20**  
**CHICKEN AND WAFFLES**  
OR SWEET & SOUR CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Orange creamsicle smoothie **21**  
**BEEF TACOS**  
OR GENERAL TSO'S CHICKEN with noodles  
OR PIZZA SLICE  
OR FAVORITES LINE

Biscuits and gravy **22**  
**MAC & CHEESE**  
OR ORANGE CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE

Breakfast ham sandwich **23**  
**COUNTRY-FRIED Steak**  
OR GENERAL TSO'S CHICKEN with rice  
OR PIZZA SLICE  
OR FAVORITES LINE  
\*Slushies

Confetti pancakes **24**  
**SANDWICH SACK LUNCH** w/ chips, carrot sticks, fruit, string cheese, milk choice

**27**

**28**

**29**

**30**

**31**

~SUMMER BREAK~

### WHAT CAN I EXPECT TO GET WITH MY MEALS?

During **BREAKFAST**, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are also offered each day at breakfast time.

During **LUNCH**, there are multiple lunch lines that operate daily. The MAIN LINE rotates through 5 weeks of delicious entrée options. The ASIAN LINE offers 5 tasty entrees that repeat weekly. The PIZZA LINE allows for students to choose pizza for lunch any day they like and the new FAVORITES LINE offers a variety of student "favorites" daily like cheeseburgers, chicken nuggets, chicken patty sandwiches, spicy chicken sandwiches, corn dogs, and grilled cheese sandwiches. Regardless of which entrée line students select, they must each choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. **All lines offer a variety of fruit and vegetable items daily** and each week students are offered vegetables from all of the following subgroups: Dark green, red/orange, legumes, starchy and other. **This institution is an equal opportunity provider.**