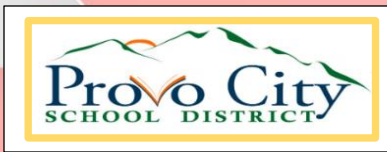


February 2024



MIDDLE

Monday

Tuesday

Wednesday

Thursday

Friday

PROVO CITY SCHOOL DISTRICT CHILD NUTRITION DEPARTMENT is proud to offer delicious, healthy scratch entrees and a wide variety of fresh produce options. Our meal program is truly special and unique. Follow us on Facebook at **ItsMealsProvoSchoolDistrict** to see for yourself! And come enjoy a meal with us today.

Dutch Waffle **5**

BREADED CHICKEN DRUMSTICK
 OR SWEET & SOUR CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Yogurt parfait **6**

WHITE CHICKEN CHILI with tortilla chips
 OR GENERAL TSO'S CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Breakfast sandwich **7**

LASAGNA
 OR ORANGE CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Huevos Rancheros **8**

COUNTRY-FRIED CHICKEN
 OR SPICY SICHUAN CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Crumb Square **2**

PULLED PORK SANDWICH
 OR TERIYAKI CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Pancakes **12**

BREAKFAST FOR LUNCH
 OR SWEET & SOUR CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Breakfast Bowl **13**

BURRITO BOWL
 OR GENERAL TSO'S CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Soft pretzel and cream cheese **14**

CHICKEN PARMESAN
 OR ORANGE CHICKEN with rice
 OR PIZZA SLICE with strawberry milk and pink sugar cookie

Country breakfast calzone **15**

TURKEY ROAST
 OR SPICY SICHUAN CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Bagel and Cream cheese **9**

HOT DOG
 OR TERIYAKI CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

19

Presidents' Day

Yogurt parfait **20**

CHICKEN NACHOS
 OR GENERAL TSO'S CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Breakfast burrito **21**

Spaghetti and Meatballs
 OR ORANGE CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Breakfast pizza **22**

CHICKEN POTATO BOWL with dinner roll
 OR SPICY SICHUAN CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Pancake on a stick **23**

TACO SALAD
 OR TERIYAKI CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Waffle sticks **26**

CHICKEN & WAFFLES
 OR SWEET & SOUR CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Eggs, ham, and hashbrown **27**

BEEF TACOS
 OR GENERAL TSO'S CHICKEN with noodles
 OR PIZZA SLICE
 OR FAVORITES LINE

Biscuits and gravy **28**

MAC & CHEESE
 OR ORANGE CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

Breakfast sandwich **29**

COUNTRY-FRIED STEAK
 OR SPICY SICHUAN CHICKEN with rice
 OR PIZZA SLICE
 OR FAVORITES LINE

HIGH SCHOOL MEAL PRICES 23-24

FULL PAY Meal Prices:

Breakfast: \$1.50
 Lunch: \$2.50
 Adult Breakfast: \$2.00
 Adult Lunch: \$4.00

REDUCED Meal Prices:

Breakfast: \$0.30
 Lunch: \$0.40

COULD YOUR STUDENT BE ELIGIBLE FOR FREE OR REDUCED-PRICE MEALS?

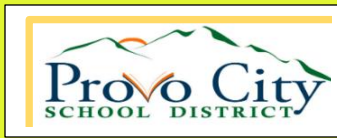
Over 40% of the students in our district qualify for free or reduced-price meals. Applying is free and easy at www.myschoolapps.com. Meal pay status is determined based on family income.

A new meal application must be filled out each school year. Your child's meal status carries over from the previous school year but only for the first 30 days of school, then students will automatically switch to full pay status if a new application has not been filled out.

It's easy to manage your student's meal account online at www.myschoolbucks.com. Your lunch clerk at your school can also accept cash and check payments in person.

This institution is an equal opportunity provider.

March 2024



MIDDLE

MONDAY

Dutch Waffle

4

BREADED CHICKEN DRUMSTICK

OR SWEET & SOUR CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Breakfast Bowl

11

BREAKFAST FOR LUNCH

OR SWEET & SOUR CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

No School

18

Crumb square

25

CHICKEN & WAFFLES

OR SWEET & SOUR CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

TUESDAY

Yogurt parfait

5

WHITE CHICKEN CHILI with tortilla chips

OR GENERAL TSO'S CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

Pancakes

12

BURRITO BOWL

OR GENERAL TSO'S CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

Yogurt parfait

19

CHICKEN NACHOS

OR GENERAL TSO'S CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

Eggs, ham, and hashbrown

26

BEEF TACOS

OR GENERAL TSO'S CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

WEDNESDAY

Breakfast sandwich

6

LASAGNA

OR ORANGE CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Soft pretzel and cream cheese

13

CHICKEN PARMESAN

OR ORANGE CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Breakfast burrito

20

Spaghetti and Meatballs

OR ORANGE CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Biscuits and gravy

27

MAC & CHEESE

OR ORANGE CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

THURSDAY

Did you know?

All students must choose a ½ C serving of fruit or vegetable with every meal

Huevos Rancheros

7

COUNTRY-FRIED CHICKEN

OR SPICY SICHUAN CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Country breakfast calzone

14

TURKEY ROAST

OR SPICY SICHUAN CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Breakfast pizza

21

CHICKEN POTATO BOWL with dinner roll

OR SPICY SICHUAN CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

Breakfast sandwich

28

COUNTRY-FRIED STEAK

OR SPICY SICHUAN CHICKEN with rice
OR PIZZA SLICE
OR FAVORITES LINE

FRIDAY

Crumb square

1

PULLED PORK SANDWICH

OR TERIYAKI CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

Bagel and cream cheese

8

HOT DOG

OR TERIYAKI CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

No School

15

Pancake on a stick

22

TACO SALAD

OR TERIYAKI CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

Waffle sticks

29

PULLED PORK SANDWICH

OR TERIYAKI CHICKEN with noodles
OR PIZZA SLICE
OR FAVORITES LINE

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein.

All lines offer a variety of fruit and vegetable items daily

JOIN OUR TEAM!

We're seeking Cooks, Prep Cooks, Cashiers and Clerks positions. These part-time roles are ideal for those who want to have weekends and holidays off, and be home when kids are home from school.

Starting at \$16.49 per hour for Prep Cooks and Cashiers, and \$17.76 for Cooks and Clerks, our Child Nutrition employees are well-compensated. Join our incredible team today!

Fill out an application at: provo.applicantportal.com

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