

MEDICAL/DENTAL

Mountainlands Hlth Center (M-Sat)

589 S State Street (801)429-2000

sliding fee scale based on income

Immunizations, basic medical/dental work

Medicaid (DWS- M-F 8-5pm)

1550 Freedom Blvd (801)806-0950

FREE medical insurance for low income/qualifying families

Dixon Medical Center (M-F 8-6pm)

750 200 N (801)357-5757

Basic medical care, immunizations

Community Hlth Connect (M-Th 9-6)

591 S State Street (801)818-3015

Temporary specialized care, cost based on income

Volunteer Care Clinic (T/Th 5-7pm)

589 S State Street (801)812-8094

FREE basic medical checks

UVU Hygiene Clinic (TWTW 8-3pm)

987 S Geneva Rd. Orem (801)863-7608

Basic dental procedures *3 hour appt.*
\$15 child \$25 adult

HOUSING

Provo Housing (M-Th 7-6pm)

688 W 100 N (801)900-5676

Subsidized rent based on income
provohousing.org

Utah County Housing (M-Th 7-6pm)

240 E Center St. (801)373-8333

Subsidized rent based on income
housinguc.org

Community Action (M-Th 8-4pm)

815 S Freedom Blvd #100 (801)373-8200

Emergency hotel vouchers & rent/deposit assistance. communityactionprovo.org

EMPLOYMENT

Dept. Workforce Services (M-F 8-5)

1550 Freedom Blvd (801)806-0950

Offers aid in finding, researching, and applying for jobs

THERAPY/COUNSELING

BYU Comprehensive Clinic

1190 N 900 E (801)422-7759

Individual, couple, & family counseling
\$15/session (don't accept medicaid/insurance)

Wasatch Mental Health

1165 E 300 N (801)377-1213

Individual, couple, & family counseling
only work with medicaid/no insurance

Mountainlands Health Center

589 S State Street (801)429-2000

Individual, couple, & family counseling
accepts medicaid or sliding fee scale \$15-26

Family Support & Treatment Center

1255 N 1200 W Orem (801)229-1181

Individual, couple, & family counseling
COST based on method of payment

FOOD

Tabitha's Way (*see website for hours)

45 E 100 N Spanish Fork (801)709-8573

FREE food to those in need. Must bring:

-ID (any form), proof of address, and a form of ID for each child in the household

*tabithaswaysouth.org

Food & Care Coalition (*see website)

299 E 900 S (801)373-1825

FREE fresh meals to those in need. Times vary for breakfast, lunch, and dinner

*foodandcare.org/meals-2/

Community Action (M-F 8-4)

815 S Freedom Blvd (801)373-8200

FREE food to those in need. Must bring:
-ID (18+), utility bill/lease agreement, bank statement/paycheck stub, and some form of U.S. government issued ID for everyone in the household

Agape Food Pantry (M/S 12:30-4, T 4-7)

765 E 100 N Payson (801)885-5523

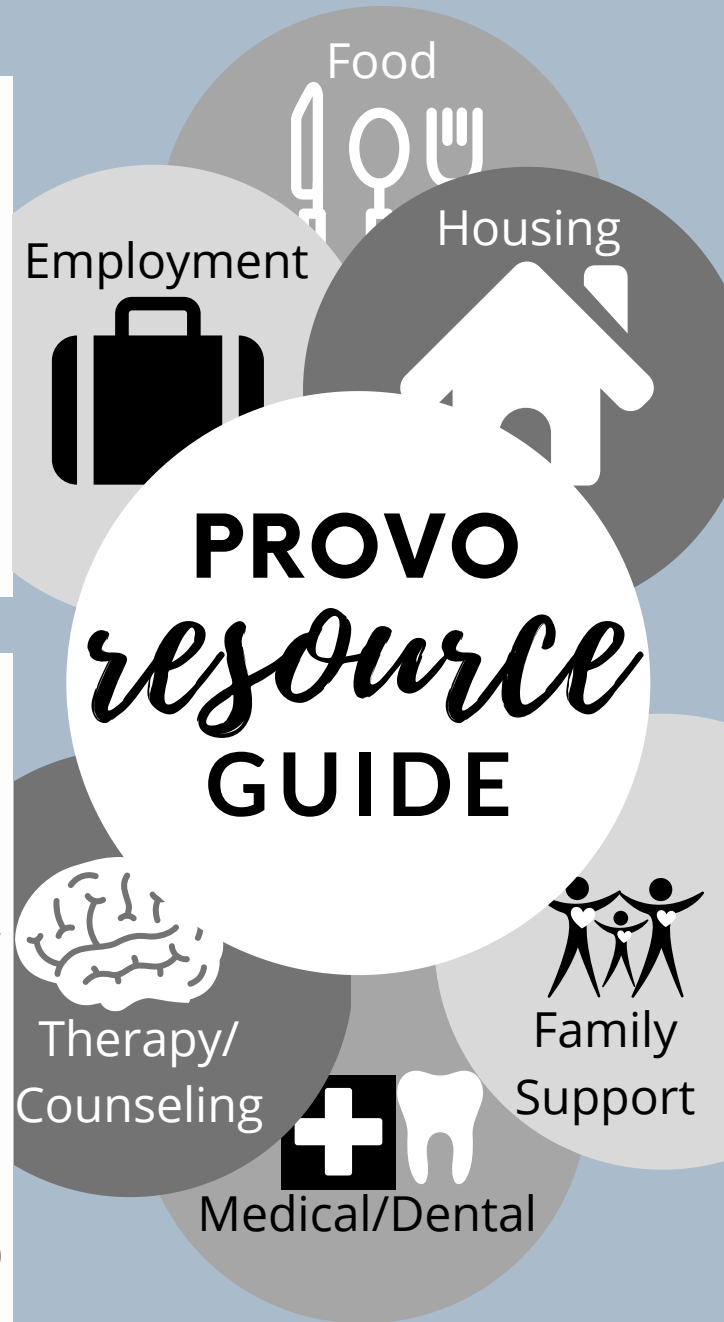
FREE food to those in need. Must bring:
-ID (any form), proof of address, and boxes/bags to bring food home in

FAMILY SUPPORT

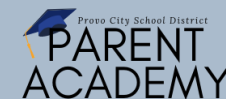
Utah Parent Center (M-F 9-5pm)

utahparentcenter.org (801)272-1051

Offers FREE resources to parents that have a child with ANY disability



ENGLISH ← → SPANISH



MÉDICO/DENTAL

Mountainlands Hlth Center (L-S)
589 S State Street (801)429-2000

cobro dependiente en ingreso
Vacunas, tratamiento dental y médico básico

Medicaid (DWS- L-V 8-5pm)
1550 Freedom Blvd (801)806-0950

Seguro médico GRATIS para bajo ingreso/ o familias que califican

Dixon Medical Center (L-V 8-6pm)
750 200 N (801)357-5757

Tratamiento médico básico, vacunas

Community Hlth Connect (L-J 9-6)
591 S State Street (801)818-3015

Asistencia especializada temporal. COBRO basado en ingreso

Volunteer Care Clinic(Ma/J 5-7pm)
589 S State Street (801)812-8094

Chequeo médico básico-GRATIS

UVU Hygiene Clinic (Ma/Mi/J 8-3pm)
987 S Geneva Rd. Orem (801)863-7608

Tratamiento dental básico *cita es tres horas*
\$15 niño \$25 adulto

Provo Housing (L-J 7-6pm)
688 W 100 N (801)900-5676

Renta subsidiada basado en ingreso
provohousing.org

Utah County Housing (L-J 7-6pm)
240 E Center St. (801)373-8333

Renta subsidiada basado en ingreso
housinguc.org

Community Action (L-J 8-4pm)
815 S Freedom Blvd #100 (801)373-8200

Cupones de hotel de EMERGENCIA y asistencia de renta/depósito. communityactionprovo.org

EMPLEO

Dept. Workforce Services (L-V 8-5)
1550 Freedom Blvd (801)806-0950
Ofrecen ayuda a encontrar, buscar, y aplicar por trabajos

TERAPIA/CONSEJO

BYU Comprehensive Clinic
1190 N 900 E (801)422-7759

Consejo individual, familiar, y de pareja
\$15/sesión (no aceptan seguro/medicaid)

Wasatch Mental Health
1165 E 300 N (801)377-1213

Consejo individual, pareja, y para familia
Solo aceptan medicaid y sin seguro

Mountainlands Health Center
589 S State St. (801)429-2000

Consejo individual, familiar, y de pareja
Aceptan medicaid o dependiente de ingreso

Family Support & Treatment Center
1255 N 1200 W Orem (801)229-1181

Consejo individual, familiar, y de pareja
COBRO basado en forma de pago

COMIDA

Tabitha's Way (días y horas varían)
45 E 100 N Spanish Fork (801)709-8573

Comida GRATIS. Traiga cuando vaya:
-ID (cualquier forma), prueba de dirección, acta de nacimiento de todos en el domicilio
tabithaswaysouth.org

Food & Care Coalition(visite el sitio)
299 E 900 S (801)373-1825

Almuerzo gratis. Horario depende en la hora del día: ofrecen desayuno, lonche, y cena
*foodandcare.org/meals-2/

Community Action (L-V 8-4)
815 S Freedom Blvd (801)373-8200

Comida GRATIS. Traiga cuando vaya:
-ID (18+), factura de utilidades, estado de cuenta/talón de cheque, ID del gobierno de E.E.U.U. para cada persona en el domicilio
*communityactionprovo.org/food/

Agape Food Pantry (L/S 12:30-4, M 4-7)
765 E 100 N Payson (801)885-5523

Comida GRATIS. Cuando vaya traiga:
-ID (cualquier forma), prueba de dirección, y cajas/bolsas para traer comida con usted

APOYO FAMILIAR

Utah Parent Center (L-V 9-5pm)
utahparentcenter.org (801)272-1051

Ofrecen recursos GRATIS a padres que tienen un hijo con cualquier forma de discapacidad

Comida

Empleo

Vivienda

GUÍA DE recursos EN PROVO

Terapia/ Consejo

Médico/Dental

Apoyo Familiar

ESPAÑOL ← → INGLÉS

